



Recess for Teachers

taking time out for your body, mind & soul

Vicki Caruana

America's Teacher™ and author of Apples and Chalkdust

Recess for Teachers: Taking Time Out for Your Body, Mind, & Soul

Vicki Caruana

Vicki Caruana's center Recess for Teachers: Taking Time Out for Your Body, Mind, & Soul is for teachers. She writes within the creation for Recess for Teachers, "I comprehend firsthand what it truly is prefer to come to the tip of your self as a teacher, but are nonetheless anticipated to pour your self out as from an empty vessel. We appear to search for relaxation in all of the fallacious locations and from the entire unsuitable people. i would like to assist bridge the ever widening hole among fatigue and rest." Vicki stocks along with her fellow lecturers the key to precise rest-rest that's to your body, mind, and soul. precise refreshment is located in God's comforting include and His promise to resume our wings as eagles. Recess for lecturers is a tumbler of water on a hot, lengthy day. And it's Vicki's hope, that because of utilizing this book, lecturers can in Recess for Teachers: Taking Time Out for Your Body, Mind, & Soul flip have the ability to minister and provide actual relaxation to their colleagues.

Recess For Teachers Taking Time Out For Your Body Mind Soul

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